



1. MEDNARODNI KONGRES ČLOVEK V GIBANJU - ICHM



The 1st International Congress
HUMAN in MOTION - ICHM



PROGRAM / PROGRAMME

Grand hotel Bernardin, PORTOROŽ, SLOVENIJA

28. 09. – 1. 10. 2025



28.09.2025, SUNDAY / NEDELJA

12:00-14:00	REGISTRATION / REGISTRACIJA
14:00-15:00	Lecture hall / Dvorana Europa C; Moderators / Moderatorji: Pišot R., Gonzales Gross M. Plenary speaker 1 / Plenarni predavatelj 1: prof. Gianni Biolo, PhD University of Trieste METABOLIC STRATEGIES TO ATTENUATE MUSCLE DISUSE ATROPHY
15:00-16:00	Lecture hall / Dvorana Europa C; Moderators / Moderatorji: Hökelmann A., Biolo G. Plenary speaker 2 / Plenarni predavatelj 2: prof. Marco Narici, PhD University of Padua DESTINED TO MOVE: A LIFELONG PRESCRIPTION FOR HEALTHY AGING
16:00-16:30	COFFEE BREAK / ODMOR ZA KAVO
16.30-18:00	Scientific section / Znanstvena sekcija HEALTHY AGEING / ZDRAVO STARANJE Room/Predavalnica: Europa C; Moderators / Moderatorji: Huang CC., Pišot S. 1. Katarina Puš: Association between muscle contractility and structural features in Slovenian older adults 2. Katja Plaskan: Moving Beyond Pain: Effects of Individualized Exercise and Walking Program in Lumbar Spinal Stenosis Patients 3. Alexandar Prinz: Promoting Physical and Cognitive Health Through Music-Based Exercise Programs in People with Dementia – Development and Evaluation 4. Črtomir Matejek: Lifestyle patterns and body composition differences among university students across weight categories 5. Saša Pišot: "Gender differences in Physical activity as an adaptation to the COVID-19 crisis in old age" 6. Emilija Petković: Physical activity in gerontology centers 7. Javier Modrego: Adapting body mass index criteria and handgrip strength as a strategy to improve health evaluation in older adults living in madrid region (spain). exernet 3.0
18:00-20:30	Social event / Družabni dogodek: Tartini House Visit / Ogled Tartinijeve hiše

29.09.2025, MONDAY / PONEDELJEK

8:00-9:00	REGISTRATION / REGISTRACIJA
9:00-10:00	Lecture hall / Dvorana Europa C; Moderators / Moderatorji: Šimunič B., Pais S. Plenary speaker 3 / Plenarna predavateljica 3: prof. Anita Hökelmann, PhD Otto-von-Guericke University Magdeburg PROFILE CHARACTERISTICS OF DANCE AND EFFECTS OF MULTIMODAL DANCE INTERVENTIONS ON MENTAL, COGNITIVE AND PHYSICAL FUNCTIONS AMONG OLDER ADULTS AND SENIORS WITH COGNITIVE IMPAIRMENT AND DEMENTIA
10:00-11:00	Lecture hall / Dvorana Europa C; Moderators / Moderatorji: Pišot R., Narici M. Plenary speaker 4 / Plenarna predavateljica 4: prof. Marcela González Gross, PhD Technical University of Madrid THE GLOBAL ALLIANCE FOR THE PROMOTION OF PHYSICAL ACTIVITY AND PRECISE PREVENTION: FROM HAMBURG TO THE WORLD
11:00-11:30	COFFEE BREAK / ODMOR ZA KAVO

Strokovna predavanja bodo potekala v slovenskem jeziku. Znanstvena predavanja bodo potekala v angleškem jeziku.

Professional lectures will be held in Slovenian. Scientific lectures will be held in English.

Organizator si pridržuje pravico do morebitne spremembe urnika v primeru višje sile.

The organizer reserves the right to make changes to the schedule in case of force majeure.

29.09.2025, MONDAY / PONEDELJEK

11:30-13:15	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa C; Moderators / Moderatorji: Šlosar L., Istenič A. Eva Matejek: Razlike v kakovosti življenja med dečki in deklicami v podeželskem okolju Marko Janžič: Spoznavanje mladostnikov oz. vrstnikov skozi gibanje Petra Štrancar: Pomen gibanja pri razvijanju socialnih in jezikovnih spretnosti v razredu Stojan Puhelj: Povezanost gibalne dejavnosti in sedečega vedenja z akademskimi dosežki študentov Samo Masleša: Varnost otrok pri športni vadbi z uporabo postopne vključitve: predhodne ugotovitve projekta safesport Adolf Rajtmajer: Vpliv kontaktnih športov na um otrok Nina Oberstar Horvat: Motivacija za šport v tretjem triletju osnovne šole	Scientific section / Znanstvena sekcija PHYSICAL ACTIVITY vs INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa B; Moderators / Moderatorji: Šimunič B., Kranjc D. Milena Zdravcheva: Accelerometric monitoring of physical activity in physiotherapy students during a 'snow sports' course at the national sports academy 'vasil levski': effectiveness of short-term motor interventions Tatjana Robič Pikel: (non)congruence between data on body composition, somatotype, physical activity and cardiorespiratory fitness in young adults Aynur Bunyatova: Socio-psychological factors associated with psychoactive substance use among physically active students aged 17–24 in Azerbaijan Arzu Suleymanova: Enhancing long-term physical activity engagement through personality-based psychological interventions: a hexaco model approach Piroska Beki: From Function to Form: A Holistic, Health-Oriented Approach in Snow Sports Education	Scientific section / Znanstvena sekcija MOBI AND XR IN CLINICS / MoBI in XR TEHNOLOGIJE V ZDRAVSTVU Room/Predavalnica: Europa D; Moderators / Moderatorji: Marušič U., Peskar M. German Kramer: Reaction and inhibition behavior to moving objects in the peripheral vision in a virtual reality ball catch scenario Uroš Marušič: Advances and current challenges in mobile neuroimaging for balance and locomotion control Miloš Kalc: Dual-Tasking Disrupts Force Stability and Motor Unit Behavior in Parkinson's Disease Manca Peskar: Spectral power and event-related potentials associated with cognitive-motor dual-task balancing in early Parkinson's Disease Anton Visser: Cortical Dynamics During Resistance Exercise - Effects of Different Intensity Levels on Brain Activation Patterns Daghan Piskin: Exergaming Rejuvenates Resting-State Brain Complexity and Modulates Adaptability During Gameplay in Older Adults: An EEG Multiscale Entropy Study	Section HEALTY AGEING / Sekcija ZDRAVO STARANJE Event KRPAN / Dogodek KRPAN, Obzorje Evropa Room/Predavalnica: Europa A; Moderators / Moderatorji: Pišot R., Gonzales Gross M. Prim. prof. dr. Ivan Eržen, dr.med.spec., Strokovni direktor, Nacionalni inštitut za javno zdravje Nika Merkuš, Nacionalna kontaktna točka za grozd Zdravje, Ministrstvo za visoko šolstvo, znanost in inovacije Peter Volasko: Science Directorate; ministrstvo za visoko šolstvo, znanost in inovacije Gabor Papp: Comprehensive clinical and laboratory evaluation of the effects of functional training in older adults Iva Šklempe Kokič: Association between patient-reported outcomes and objective measures of function in patients after total hip arthroplasty - secondary analysis of data from a randomized controlled trial Matej Majerič: Longevity and physical activity
13:15-14:15	LUNCH / KOSILO			

29.09.2025, MONDAY / PONEDELJEK

14:15-14:45	PHYSICAL ACTIVITY vs. INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Aurora; Moderators / Moderatorji: Šimunič B., Šlosar L. Keynote speaker / Glavna govornica: Maja Pajek, PhD Faculty of Sport, University of Ljubljana Connecting Research and Practice: Improving the Quality of Life in Kidney Patients through Physical Activity	MOBI AND XR IN CLINICS / MoBI in XR TEHNOLOGIJE V ZDRAVSTVU Room/Predavalnica: Europa B; Moderators / Moderatorji: Marušič U., Peskar M. Keynote speaker / Glavni govornik: Tim Lehmann, PhD Paderborn University Bridging Brain and Behavior: Mobile Brain and Body Imaging for Advanced Diagnostics and Rehabilitation of Postural Deficiencies	HEALTHY AGEING / ZDRAVO STARANJE Room/Predavalnica: Europa A; Moderators / Moderatorji: Teraž K., Pais S. Keynote speaker / Glavna govornica: Branka Javornik, PhD Biotechnical Faculty, University of Ljubljana Healthy Longevity: Concept or Illusion
15:00-16:00	Lecture hall / Dvorana Europa C+D OPENING CEREMONY / OTVORITVENA SLOVESNOST Opening Speech by the Guest of Honour / Otvoritveni nagovor častnega pokrovitelja in gosta Prof. dr. Igor Papič Minister of Higher Education, Science and Innovation / Minister za visoko šolstvo, znanost in inovacije		

29.09.2025, MONDAY / PONEDELJEK

16:00-17:30	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Volmut T., Cikač A. 1. Mojca Žvokelj: Gibalna pop-estritev poučevanja tujega jezika pri srednješolcih 2. Nina Luša: Pomen športnega programa v OŠ 3. Mojca Mezeg Drmota: Z matematiko v gibanje – učna ura na prostem 4. Tanja Bohinc: Pobeg iz razreda 5. Ingrid Kodarin: Nezainteresiranost in ravnodušnost dijakin do športne vzgoje 6. Jasmina Gujtman: Sprostitvene gibalne aktivnosti med podaljšanim bivanjem in varstvom kot pomemben dejavnik za boljše počutje učencev in krepitev socialnih vezi med učenci različnih razredov	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa B; Moderators / Moderatorji: Šlosar L., Istenič A. 1. Nadja Černe: Oblikovanje gibalnih iger skozi spekter stilov poučevanja 2. Tomaž Karče: Dan športa 3. Petra Veršnjak: Učenka postane učiteljica 4. Teja Svetelšek: Vključevanje gibalnih aktivnosti v vsakodnevni pouk 5. Stanka Kolenko: Povezovanje gibanja in glasbe kot spodbuda za učenje pri učencih drugega razreda 6. Tanja Plevnik Peternej: Sodelovanje z lokalno skupnostjo pri zasnovi in pripravi učne poti na prostem 7. Tanja Plevnik Peternej: Učiteljeva spodbuda učencem za aktivno preživljanje počitnic	Scientific section / Znanstvena sekcija PHYSICAL ACTIVITY vs INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Aurora; Moderators / Moderatorji: Kalc M., Kranjc D. 1. Ana Cikač: The Potential of Sedentary Meter in Everyday Life 2. Kaja Meh: "Assessing Adherence to WHO Physical Activity Guidelines in Healthy Slovene Adults Using Accelerometers and Self-Report Questionnaires" 3. Anneke Schumacher: Effectiveness and Sustainability of a Multidimensional Physical Activity Intervention for Healthy but sporting Inactive Older Adults Aged 60+ 4. Graziana Colaianne: Tissue and circulating load-sensitive musculoskeletal biomarkers in a 6° head-down bed-rest model of simulated microgravity (BIOMUSK) 5. Jaka Kovše: Evaluating Material for Sports Smart Patches: Towards Enhanced Wearable Monitoring	HEALTHY AGEING / ZDRAVO STARANJE 16:00-16:30 Room/Predavalnica: Europa C+D; Moderators / Moderatorji: Teraž K., Pišot S. Keynote speaker / Glavna govornica: Sandra Pais, PhD University of Évora, Growing Old in Portugal challenges for health and Social Support Services
18:00-21:00	Social Event / Družabni dogodek: panoramska vožnja z vinskim avtobusom ob obali ter pokušina vin pri vinski fontani v prestolnici »dežele refoška« – Marezige / Panoramic coastal tour aboard the wine bus, followed by a wine tasting at the wine fountain in Marezige, the capital of the 'land of Refošk'.			

30.09.2025, TUESDAY / TOREK				
8:00-9:00	REGISTRATION / REGISTRACIJA			
9:00-10:00	Lecture hall / Dvorana Europa C; Moderators / Moderatorji: Pajek M., Pišot S. Plenary speaker 5 / Plenarna predavateljica 5: Vlasta Kunaver, PhD, MD Health Center in Kamnik HEALTH PROBLEMS OF YOUNG ATHLETES – THE ROLE OF THE PEDIATRICIAN			
10:00-10:30	COFFEE BREAK / ODMOR ZA KAVO			
10:30-11:00	CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Kalc M., Cikač A. Keynote speaker / Glavni govornik: Augusto G. Zapico, PhD Technical University of Madrid Fostering Healthy Lifestyles: The Impact of Physical Education Teachers at the School Environment	MOBI AND XR IN CLINICS / MoBI in XR TEHNOLOGIJE V ZDRAVSTVU Room/Predavalnica: Europa B; Moderators / Moderatorji: Marušič U., Peskar M. Keynote speaker / Glavna govornica: Kerstin Witte, PhD Otto von Guericke University Magdeburg Applications of virtual reality to support sports activity	PHYSICAL ACTIVITY vs. INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa C; Moderators / Moderatorji: Šimunič B., Kranjc D. Keynote speaker / Glavna govornica: Tatjana Trivič, PhD Faculty of Sport and Physical Education, University of Novi Sad The Impact of Sports Participation on Long-term Health	HEALTHY AGEING / ZDRAVO STARANJE Room/Predavalnica: Europa D; Moderators / Moderatorji: Teraž K., Pišot S. Keynote speaker / Glavni govornik: Filippo di Girolamo, PhD University of Trieste Healthy Ageing: Optimizing the Interplay Between Polypharmacy, Nutrition, and Physical Activity

30.09.2025, TUESDAY / TOREK

11:00-12:30	Scientific section / Znanstvena sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Volmut T., Cikač A. 1. Juraj Segin: Kinematic symmetry of parallel ski turns among certified ski instructors 2. Sara Besal: FitBack Toolkit: Empowering PE Teachers to Enhance Students' Physical Literacy Through Fitness Monitoring 3. Meng-Chieh Tseng: Moving Smarter: The Impact of Competency-Based Physical Education on Youth Fitness and Engagement 4. Josip Cvenic: Gender differences and performance evaluation in preschool athletic events: a study from the olympic festival of kindergartens	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa B; Moderators / Moderatorji: Puš K., Šlosar L. 1. Jasmina Vrh: Dodatni pohodi v osnovni šoli 2. Nika Cox: Obvezni izbirni predmeti v osnovni šoli malo drugače 3. Irena Gaal: Dodatne ure športa 4. Barbara Ušaj: Kjer se gibanje, igra in znanje srečajo 5. Petra Jelenc: Ko lučke zažarijo, otroci zaživijo 6. Tež Pavšek: Dan športagibanje in dobrodelnost združita moči 7. David Plevnik: Povečana gibalna aktivnost v jutranjem varstvu	Scientific section / Znanstvena sekcija PHYSICAL ACTIVITY vs INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa C; Moderators / Moderatorji: Šimunič B., Kranjc D. 1. Eszter Szklenár: Acute effects of high-intensity interval training on oxidative stress markers and brain-derived neurotrophic factor levels in young professional athletes and non-athlete university students 2. Songxin Tang: "Associations between physical fitness and cognition in former athletes and sedentary adults: primary findings from the MINA Study" 3. Kathrin Rehfeld: Impact of sports biography on cognitive and motor function in older adults 4. Zalan Mihaly Bacs: Sport motivation of junior footballers – with international outlook 5. Kaja Teraž: Active ageing - The impact of physical activity and nutrition on health in later life 6. Itai Har-Nir: The Effect of Individualized High-Velocity Resistance Training on Functional, Neuromuscular Adaptation, and Health Outcomes in Older Adults	Section HEALTHY AGEING / Sekcija ZDRAVO STARANJE Room/Predavalnica: Europa D; Moderators / Moderatorji: Pišot S., Pajek M. 1. Jerneja Krampelj: Importance of healthy lifestyle for healthy ageing in slovenian adults 2. Mon-Chien Lee: Functional Fitness and Body Composition in Older Taiwanese Adults: A Cross-Sectional Study on the Impact of Muscle, Bone, and Fat on Age-Related Decline 3. Ivana M. Milovanović: The Role of Sport in Supporting Children Without Parental Care: Residential and School Contexts 4. Luisa Pellicani: Treatment with irisin in aged mice mimics the effects of exercise by increasing the size of the hippocampus and the cellularity of the dentate gyrus through the enhancement of key factors of neuroplasticity 5. Patrizia Pignataro: Correlation between irisin, an exercise-induced myokine, and multi-domain cognition in dementia patients 6. Rado Pišot: The Power of Gravity: From Evolutionary Necessity to Human Health
12:30-13:30	LUNCH / KOSILO			

30.09.2025, TUESDAY / TOREK

13:30-15:00	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Volmut T., Cikač A. 1. Darja Krek: Otrok z rakom in vzdrževanje telesne kondicije skozi pouk 2. Jasmina Vrh: Vikend pohodniška športna šola v osnovni šoli 3. Sandra Starc: Aktivno učenje matematike skozi gibanje in medgeneracijsko sodelovanje med učenci 1. in 8. Razreda 4. Eva Božič: Športna področja – vsak mesec nova izkušnja v 1. Razredu 5. Damjana Debenec: Gozdna pot telesa in čuta 6. Nataša Krebelj Reja: Pomen gibanja pri pouku v 1. Razredu 7. Vanja Rogič: Razvijanje gibalnih navad v predšolskem obdobju z namenom razvoja gibalne pismenosti	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa B; Moderators / Moderatorji: Šlosar L., Istenič A. 1. Ana Dobovičnik: Gibanje ne pozna meja: inovativni pristopi h gibanju v Bolnišnični šoli 2. Maja Kljajić: Kekčev izziv kot orodje za spodbujanje samoregulacije in notranje motivacije pri predšolskih otrocih 3. Azra Dukić: S pravilno jogo lahko razvijamo ravnotežje 4. Rado Pišot: Moč gravitacije – od vzvoda evolucije do determinante zdravja človeka 5. Katja Jug: Logaških 7 – vsak mesec na nov vrh 6. Darja Pleško: Gibanje, motivacija pri pouku matematike 7. Nika Cox: Vikend smučarska športna šola v osnovni šoli	Scientific section / Znanstvena sekcija PHYSICAL ACTIVITY vs INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa C; Moderators / Moderatorji: Šimunič B., Kranjc D. 1. Boštjan Šimunič: Alterations in skeletal muscle properties after habitual and experimental disuse 2. Gašper Turnšek: Flow-mediated slowing as a tool for detecting acute vascular responses to high- and moderate-intensity aerobic exercise: preliminary findings 3. Simon Iskra: Difference in acute responses of microvascular reactivity and arterial stiffness to moderate-intensity and high-intensity interval training: a pilot study 4. Armin Paravlic: Reliability and Concurrent Validity of the 30-15 Intermittent Fitness Test for Assessing Cardiorespiratory Function in Prehypertensive Individuals 5. Saša Jovanovič: Comparison of visual-motor reaction in handball players of different positions and physically inactive women 6. Tajda Kocuvan: Dance Intervention for Parkinson's Disease: Preliminary Results of the Slovenian NeuroDance cohort.	Scientific section / Znanstvena sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa D; Moderators / Moderatorji: Teraž K., Peskar M. 1. Tjaša Švegelj: Prevalence of energy drink consumption among primary school children in Slovenia 2. Alicia Portals Riomaó: Adherence to the Mediterranean Diet and Risk of Low Muscular Strength in Children 3. Mei-Yao Huang: Enhancing Learning Motivation through Problem-Based Instruction and Motivational Design in Elementary Physical Education 4. Lea Lobenwein: Comparing Body Composition of Children Aged 9 to 12 Before and After Summer Holidays, Based on Living Environment 5. Klemen Zupet: Body Composition Changes Over the Summer in Fourth-Grade Pupils with Different Levels of Physical Fitness
15:00-15:30	COFFEE BREAK / ODMOR ZA KAVO			

30.09.2025, TUESDAY / TOREK

15:30-16:00	CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Volmut T., Pišot R. Keynote speaker / Glavni govornik: Dieter Bubeck, PhD University of Stuttgart Why Snowsport should be taught in universities and schools	PHYSICAL ACTIVITY vs. INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa B; Moderators / Moderatorji: Šimunič B., Trivic T. Keynote speaker / Glavni govornik: Konul Safar Mammadova, PhD Azerbaijan Sports Academy Biomechanical Solutions and Strategies for Space and Earth: Artificial Gravity and Resistance Training	MOBI AND XR IN CLINICS / MoBI in XR TEHNOLOGIJE V ZDRAVSTVU Room/Predavalnica: Europa C; Moderators / Moderatorji: Marušič U., Kerstin W. Keynote speaker / Glavni govornik: Robert Stojan, PhD Martin Luther University Halle-Wittenberg Mobile brain imaging in everyday-like tasks: Insights into motor-cognitive interaction in aging and Parkinson's disease	HEALTHY AGEING / ZDRAVO STARANJE Room/Predavalnica: Europa D; Moderators / Moderatorji: Pišot S., Di Girolamo FG. Keynote speaker / Glavni govornik: Chi-Chang Huang, PhD National Taiwan Sport University Nutritional and Lifestyle Interventions to Counteract Sarcopenia: From Mice Models to Human Trials
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30.09.2025, TUESDAY / TOREK

16:00-17:30	Scientific section / Znanstvena sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa A; Moderators / Moderatorji: Pišot R., Cikač A. 1. Mareike Hergenrother: Physiotherapeutic intervention for children with achondroplasia and its impact on their gait – A pilot study 2. Donata Vidaković Samaržija & Sanja Ljubičić: Dynamic balance and lateral asymmetry in preschool children: differences between continental and coastal regions of central Europe 3. Saša Jovanović: Effects of a 6-month rhythmic gymnastics training on hip and shoulder active flexibility and functional asymmetry in young girls 4. Franjo Prot: 50th anniversary of the analysis of metric properties of composite motoric tests – what made an integrative leap in development of kinesio-metrics 5. Asmaa Nehari: Associations between lifestyle factors and health indicators in children's middle childhood: A comparative perspective by parental origin (The ASOMAD study)	Scientific section / Znanstvena sekcija PHYSICAL ACTIVITY vs INACTIVITY / GIBALNA AKTIVNOST vs NEAKTIVNOST Room/Predavalnica: Europa B; Moderators / Moderatorji: Šimunič B., Kranjc D. 1. Hei Tung Lau: Acute Arterial Stiffness Response to High-Intensity Exercise in Older Adults Across Physical Activity Levels 2. Chia-An Ho: Development of Step Test-Based Maximal Oxygen Uptake Prediction Models for Health Monitoring in Adults 3. En-Yu Chang: Rapid Neuromuscular Activation Following Box Jumps: A Potential Strategy Against Sedentary Decline 4. Ferdinand Salonna: Understanding Student Motivation to Participate in PA-MI: A Physical Activity–Microbiome Intervention Study Among Female University Students 5. Pei-Hsuan Wang: Immediate Effects of Different Recovery Strategies on Post-Exercise Fatigue. 6. Nina Omejc: Cortico-Muscular Phase Connectivity in Early-Stage Parkinson's Disease: Insights from an Isometric Motor Task	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa C; Moderators / Moderatorji: Peskar M., Puš K. 1. Mojca Krevel: Medkulturno učenje skozi gib in glasbo 2. Mirjana Fras: Vključevanje gibalnih dejavnosti v pouk angleščine v prvi triadi 3. Maja Kugonič: Uporaba sodobne tehnologije, kot so interaktivni zidovi ali vr očala pri poučevanju športa – korak naprej ali korak nazaj? 4. Nika Šuc: Študija primera: Gibalni razvoj učenca z zmernimi motnjami v duševnem razvoju od vstopa v šolo do adolescence 5. Mateja Novak: Mali angleški knjižni molji na gozdnih pravljičnih uricah 6. Neža Kokalj: Aktivni odmori v osnovni šoli – s plesom do boljšega počutja, učenja in zdravlja 7. Neža Kokalj: Interesna dejavnost „planinec tonček“ – spodbuda za mlade planince v prvi triadi	Professional section / Strokovna sekcija CHILD IN MOTION / OTROK V GIBANJU Room/Predavalnica: Europa D; Moderators / Moderatorji: Šlosar L., Istenič A. 1. Katja Vidmar: Trim steza v vrtcu 2. Luka Šlosar: Medgeneracijska vadba: rezultati projekta neuroplay 3. Valentina Serdinšek: sportbridge: spodbujanje vključujočega športnega okolja za manjšinske skupnosti 4. Ana Ferrari: Tek za zdrav telesni razvoj. 5. Tadeja Volmut: Gibalna/športna aktivnost med uro športa z vsebino elementarnih iger 6. Nino Legnar: Sodelovanje med šolami v času pouka iz športne vzgoje
19:00	GALA DINNER / GALA VEČERJA Partners' Greeting / Pozdrav partnerjev			

Room/Predavalnica: Europa C+D

**01.10.2025, WEDNESDAY / SREDA - Professional workshops (in Slovene language) /
Strokovne delavnice (v slovenščini)**

8:30-9:30	REGISTRATION for professional workshop / REGISTRACIJA za delavnice
9:30-11:00	DELAVNICA 1 / Workshop 1: Otroci z gibanjem odkrivajo svet Izvajalka / Workshop facilitator: Iris Batista
11:00-12:30	DELAVNICA 2 / Workshop 2: Vzgoja vrednot skozi vadbo juda Izvajalec / Workshop facilitator: Mojmir Kovač
12:30-13:30	LUNCH / KOSILO
13:30-15:00	DELAVNICA 4 / Workshop 4: Screw motivation, what you need is discipline Izvajalka / Workshop facilitator: dr. Leonida Zalokar
15:00-16:30	DELAVNICA 3 / Workshop 3: AcroYoga - igra ravnotežja v dvoje Izvajalka / Workshop facilitator: Teja Čretnik